Drug Use in Pregnancy

Identification, Treatment, & Outcomes for Mom & Babe

CALGARY, May 29, 2017  •  EDMONTON, May 30, 2017

0830 to 1600 hrs.

EXECUTIVE LINKS

With

MAUREEN SHOGAN, MN, RNC

The World of Drug Use: Crack, Crank, Oxy, Weed, Speed, & Ecstacy

- Manufacture & use of Methamphetamines, Cocaine, Opiates, Marijuana, & Ecstasy
- The Difference Between Crack and Crank
- Snorting, Smoking, Shooting, Injecting, Bumper Boosting, & Welders’ Oxygen
- Speed Balling, Ice, Crystal, Rollin’, & Special K
- Spice & Bath Salts: Dangerous Drugs Hide Within

Identifying Physiologic Symptoms of Maternal Use

- Major Cues that a Mom is using: What are the Signs?
- Physical Complications of Use: Abscesses, Tooth Loss, Meth Mite Zits
- Possible Maternal Physiologic Effects of Meth, Cocaine, Marijuana, Oxy & Hydros
- Complications: Changes in Fetal Heart Rate and Urine Responses to Vasconstrictors
- When Labour Drugs Given by the Nurse Interact with Other Drugs in the Mom’s System
- Pain Control for the Mom Using Oxy’s & Hydros or Methadone
- Buprenorphine (The New Methadone)

Maternal Lifestyle and Behavioural Red Flags

- Dispelling the Myths of what a Drug User “Looks Like”
- Maternal Issues of Intimate Partner Violence, Isolation, Illegal Activities, and Infections
- What in the Maternal History may Lead you to Suspect Drug Use?
- Deciphering Mysteries of Maternal Behaviours while High on Uppers or Downers
- Co-occurring Mental Illnesses

Neonatal Symptoms and Care of the Prenatally Exposed Newborn

- Differentiate Neonatal Symptoms of Uppers versus Downers Exposure
- Neonatal Abstinence Scoring (NAS). When do we Start and how Often do we Assess?
- What is the Difference between Neonatal Drug Withdrawal and “Drug Affected”?
- Special Nursing & Environmental Care Interventions for the Neonate
- Considerations when the Mom wants to Breast Feed

Potential Outcomes of the Infant Exposed Prenatally to Drugs

- Who experiences “Dopamine Depletion Syndrome”?
- Potential Outcomes of Prenatal Marijuana & Meth Exposure at 4 to 9 Years of Age
- Where does Prematurity fit into the Drug Exposure Puzzle?

Quarrying in the Quagmire of Maternal Drug Use Assessment

- Which Questions will elicit Factual Maternal History of Drug Use?
- Why do some Patients tell some Nurses Everything & Other Nurses Nothing?
- Using the 4 Ps: Use in Pregnancy, Partner, Parents, & Prior to Pregnancy
- Staying Non-Judgemental in Difficult Situations

Maureen Shogan is a Neonatal Clinical Nurse Specialist in an NICU and Mother-Baby Unit at Deaconess Hospital in Spokane, Washington, and Neonatal Nurse Consultant to 23 community hospitals. A graduate of Sacred Heart Nursing School, Gonzaga and M...